

Creighton Prep Summer Wrestling Camps

- Beginner/Novice camp July 8th 5:00 to 7:00 pm
 - Come learn the basics of wrestling with the Creighton Prep coaching staff!
 - Cost is FREE
 - Come learn technique, how scoring works, and play games
 - Open to K-8th grade boys and girls
- Wrestling Camp: July 15th – 18th from 5:00 to 7:00 pm
 - Open to all 2nd-12th grade boys and girls (no experience in wrestling needed)
 - \$40 and will receive t-shirt at camp
 - Schedule: Warm up, Technique, Live Wrestling, Games
 - On the last day July 18 Head Coach of Nebraska Wesleyan Brandon Bradley will be showing technique

FOR BOTH CAMPS:

- Will take place in Creighton Prep Wrestling room
- Park on East side of the school and enter through the gym doors on the north end there will be signs to lead you to the wrestling room from there
- What to Bring/Wear: Wrestling shoes (if you don't have any we have extra pairs in the room or wear socks in the room), athletic shorts, and t-shirt
- Technicians will include Prep coaches
 - Head Coach: Andrew Fisher
 - Assistant Coaches: Ben Fisher, Rowan Stander, Troy Nelson, Chris Egan, and Brett LaBudda

SIGN UP FOR ONE OR BOTH CAMPS on the Prep Website click Athletics then summer camps on the left side or the link below:

<https://www.creightonprep.org/page.cfm?p=903>

Any Questions please email Andrew Fisher at afish@prep.creighton.edu