





St. Thomas More

September 2023 Lunch Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>This institution is an equal opportunity provider</p>				<p>1st Beef Gyro in a Whole Wheat Pita Romaine-Tomato Cucumber Salad Fruit Cup Greek Potatoes</p>	
<p>Alternative entree choices: Peanut Butter & Jelly Sandwich w/a Cheese Stick OR Bengal Club Salad with Turkey, Romaine, Tomatoes, Cheese, Egg & Cucumbers Ranch Dressing</p>	<p>4th Labor Day No School</p> <hr/> <p>11th Chicken Salad on Romaine w/Vegs. Fruit Salad Green Beans Croissant</p>	<p>5th No School Teacher In Service</p> <hr/> <p>12th Swedish Meatballs Egg Noodles Parsley Carrots Blueberries Whole What Roll</p>	<p>6th Pork Cutlet Sweet Potatoes Spinach Salad Raisin Box W. Wheat Roll</p> <hr/> <p>13th Pepperoni Pizza Dippers w/Marinara Sauce Steamed Broccoli Fruit Cup</p>	<p>7th Roasted Chicken Creamy Pasta Bake Green Beans Fruit Cup</p> <hr/> <p>14th Beef & Bean Burrito Spanish Rice Lettuce & Tomato Orange Wedges</p>	<p>8th All Beef Hot Dog Whole Grain Bun Carrots & Ranch Potato Smiles Watermelon</p> <hr/> <p>15th BLT Pasta Salad w/Romaine French Fries Zucchini Blend Fruit Cup</p>	<p>All Meals are served with 1% white or chocolate milk ----- All Choices served with fruit & Vegetable ----- Alternative Fruit available PRICING</p>
<p>ST. THOMAS MORE</p>  <p>CATHOLIC SCHOOL</p>	<p>18th Cheese Burger French Fries Lettuce Salad Fruit Cup</p> <hr/> <p>25th Chicken Wings Dipping Sauce Sweet Potato Tots Fruit Cocktail Wheat Roll</p>	<p>19th Breaded Cod Potato Wedges Glazed Carrots Apple Slices</p> <hr/> <p>26th Pork & Dumplings Romaine & Tomato Salad Summer Squash Pumpkin Muffin</p>	<p>20th Turkey, Cheese & Wheat Crackers Veggies & Dip Fruit Cup</p> <hr/> <p>27th Corned Beef & Swiss on Rye Oven Roasted Potatoes Broccoli & Cheese Fruit Cup</p>	<p>21st Steak Fingers M Potatoes/Gravy Calico Corn Banana Parfait</p> <hr/> <p>28th Beef Stroganoff Brown Rice Zucchini Strawberries Wheat Roll</p>	<p>22nd Bbq Pork on a Bun Baked Beans Romaine Salad Watermelon</p> <hr/> <p>29th Popcorn Chicken Bowl Mashed Potatoes Gravy Green Beans Fruit Cup</p>	<p>Student Meal price is \$2.85 Adult guest price is \$5 due at time of meal.</p> <p>Milk 50 Cents</p>