

Step 1- Extent Local Wellness Policy Complies with USDA Requirements and Compares to a Model Policy Tracking Tool

(make a copy for your own use)

Component	Description
<p>Select the Tool used for model LSWP comparison, upload the assessment in your folder: If another tool was used, list it here.</p>	<ul style="list-style-type: none"> ● Alliance for a Healthier Generation 10-step Checklist ● The WellSAT 3.0 School Assessment Tool
<p>Areas of Strength:</p>	<p>1.Participates in the school lunch program</p> <hr/> <p>2. Offers multiple menu choices</p> <hr/> <p>3. No vending machines</p>
<p>Opportunities for Improvement</p>	<p>1. Longer lunch periods</p> <hr/> <p>2. Expand nutrition education program into science curriculum</p> <hr/> <p>3. Add self serve fruit & vegetable bar</p>
<p>As a result of the comparison, was new language adopted in the LSWP?</p>	<p>XYes</p> <p>No</p>
<p>If yes, briefly describe what was adopted (include page numbers for new language if possible), Have the changes been approved by the school board?</p>	<p>Added new staff to the Wellness Program (PG 1) Added additional P.E. Class for jr. high (PG 3) Added more classroom time in our learning garden (PG #3)</p> <p>Yes</p>
<p>Describe the next steps for strengthening your LSWP.</p>	<p>Reevaluate Wellness Policy as needed</p>

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Discussion/Notes:

Step #2: Progress in Reaching LSWP Goals Template

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Goal As defined by your LSWP	Was the Goal Met? Yes/ Partially/ No	What Was Achieved? Describe how you achieved this goal	Documentation Share documents (as links or attachments) used to measure LSWP implementation
<p><i>USDA wellness policy goals outline that 3 goals must be included, 1) nutrition goal, 2) physical activity goal, and 3) other student wellness goal, additional goals are <u>optional</u></i></p>			
<p>1. Nutrition Education Goal(s)- record goal -OR- Nutrition Promotion Goal(s)- record goal</p>	<p>Partially-It was hard for me to get intouch with farmers for the Farm to School Program</p>	<p>Offer multiple menu choice offer vs. serve Complies with smart snack requirements no vending machines cafeteria nutrition posters lunch menu sign publishes monthly menu</p>	<p>our menu is posted on our website www.stmbengels.org as well as the weekly and daily menu is posted in our front office and in the cafeteria April-Lunch-Menu.pdf (stmbengels.org) 2023-2024-Wellness-Plan.pdf (stmbengels.org)</p>
<p>2. Physical Activity Goal(s)- record goal</p>	<p>Yes</p>	<p>20 minute recess K-3 15 minute recess 4-8 Morning and aftercare encourage physical act. either in the gym or outside Special classes located on every floor of building</p>	<p>2023-2024-Wellness-Plan.pdf (stmbengels.org)</p>
<p>3. Other student wellness Goal(s)- record goal, <i>this is often where goals to support SEL and Mental health or staff wellness could be included</i></p>	<p>yes</p>	<p>Weekly P.E. classes for PK-5th, twice a week for 6th-8th grande School Field Day Outdoor learning Classroom Students participate in Jump Rope for Heart</p>	<p>PE classes were increased to 2x per week for 6-8th grade School field day is May 10th-noted on weekly newsletter emailed and sent out to families. April 17 - Google Drive</p>
<p>Additional Goal(s) <i>Add more rows as needed</i></p>		<p>Nutrition department would like to start a once a month food club. Expand lunch times.</p>	<p>will work on this and start with the new school year.</p>

Nebraska Department of Education, Office of Coordinated Student Support Services

Adapted from the Let's Eat Healthy Program resources

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jessie.coffey@nebraska.gov

Step #3- Extent of Compliance for All Schools with the LSWP

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Policy Area** (Write the requirements included in your LSWP in the column below)	Not Met (Number of Schools)	Partial Compliance (Number of Schools)	Full Compliance (Number of Schools)
Nutrition Education/Promotion Goal(s)		1	
Physical Activity Goal(s)		1	1
Other Student Wellness Goal(s)		1	
Non-goal related requirements of LWP- outline how you are meeting these elements in your LPW and the levels of compliance**			
Federal/State Meal Standards are Met			1
Foods Offered but Not Sold to Students Standards			1
Food and Beverage Marketing (SMART Snacks regulations - ala carte and vending, food sales during the school day)			1

***If any of these requirements are not met, you will need to address how you will meet these requirements moving forward as part of the Triennial Assessment summary and how the summary is made available to the public.*

District LSWP Components	For the components below, indicate whether the district is in compliance.
Public Involvement- how was the public included in LWP development? (parents, community members, etc.)	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Public Notification- how are you notifying the public about your assessment results?	<input checked="" type="checkbox"/> Yes On school website <input type="checkbox"/> No
Triennial Assessment- is this posted publicly? Provide the link	<input checked="" type="checkbox"/> Yes www.stmbengels.org <input type="checkbox"/> No

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