St. Thomas More November 2024 Lunch Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1st Pizza Crunchers Marinara Sauce Italian Lettuce Salad Peas Fruit Blend	ST. THOMAS MORE
	4th Breakfast Plate Sausage Patty Egg & Cheese Omelete Waffle & FT Sticks Glazed Carrots Fruit Cup	5th Chicken Taquitos Cheese Sauce Refried Beans Mixed Vegetables Apple Slices	6th Beef Chili Roasted Red Potatoes Fruit Cup Cinnamon Roll	7th Sweet & Sour Meatballs Brown Rice Broccoli Pineapple	8th Grilled Ham & Cheese Sun Chips Veggies & Ranch Orange Wedges	Prute Vegetables Protein MyPlate.gov
Alternative Entree	11th	12th	13th	14th	15th	1% White Milk
Choices:	Chicken Stir Fry	All Beef Hot Dog	<mark>BBQ Pork</mark>	Chicken Nuggets	Egg & Cheese On a	OR Fat Free
NEW ITEM!!!	Fried Rice	Whole Grain Bun	White Cheddar	Dipping Sauce	Biscuit	Chocolate milk
Bagel & Cream	Zucchini Blend	Cole Slaw	Shells & Cheese	Baked Beans	Tator Tots	offered at lunch
Cheese w/ Yogurt	Fruit of the Day	Buttered Corn	Mixed Vegetables	Apple Slices	Wango Mango	meals
served with fruit &	Mini Egg Rolls	Fruit Cup	Fruit Blend	Whole Grain Roll	Fruit Blend	
Vegetable OR			Whole Grain Roll			Water is
PB & J	18th	19th	20th	21st	22nd	available
Uncrustable	Fritter on a Whole	Pasta w/Meat Sauce	Ham in Cheese	Thanksgiving	Pizza	
Cheese Stick WG Crackers	Wheat Bun Pickles	Romaine Salad	<mark>Sauce </mark> over Potatoes Broccoli	Lunch	Veggies & Dip	Student Lunch \$2.95
	French Fries	Vegetable Blend		Turkey & Gravy Mashed Potatoes	Fruit of the Day	
Fruit & Vegetable	Dilled Carrots	Fruit of the Day Garlic Roll	Fruit Cup <u>Roll</u>	Green Beans	Dragon Juice <u>Garlic Bread Stick</u>	Adult Lunch \$4.60
	Fruit Cup	Gallic Koll	27th	Pumpkin Pie	<u>Garne Breau Stick</u> 29th	54.00 This institution
***ITALIC &	25th	26th	<u> </u>	Mousse		is an equal
YELLOW	Turkey & Swiss	2 7011	NO SCHOOL	Roll & Butter	NO SCHOOL	opportunity
LETTERING	Burger/Chips	NO LUNCH	NO SCHOOL	28th		provider
indicates PORK	Veggie Blend	SERVED		NO SCHOOL		Provinci
PRODUCT***	Fruit Cup			IN SCHOOL		
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